Hathersage swimming pool

WINTER TIMETABLE
NOVEMBER – MARCH 2026/27

Lane Swim - The pool will be divided into 3 lanes (Slow, Medium and Fast) for swimmers aged 11 or over.
Public Swim - Open swim. A lane will be provided where possible however we can not gurantee this due to capacity restrictions.
Pass Holders Session - A lane will be provided subject to capacity restrictions
Aqua Fit - An aerobic session suitable for all abilties.
Coached Session - The pool will be split into lanes of speed/ability, the coaches will provide swim sets, training & instruction.
Adults Only Swim (16+): Open Swim, with 2 lanes will be provided.
Cancer Sessions: A session for people undergoing or rehabiltating from treatment.
Adult Swimming Lessons - Open to all abilities, the pool will split in lanes of ability offering structed classes.

FOR MORE INFORMATION AND BOOKINGS PLEASE VISIT OUR WEBSITE.

www.hathersageswimmingpool.co.uk

info@hathersageswimmingpool.co.uk

01433 627720